

# Andrei Rusu

**Bucharest, Romania**

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## 1. Summary:

Passionate and highly motivated young coach, always looking for work to be done, strive to ensure that all tasks are done in a timely manner. Great team worker, always developing a positive relationship with team members and with the organization. I am looking forward all the time to improve myself and to develop my coaching technique due to the highest standards. My great desire is to lead young men, to teach them the correct way, to prepare them both physically and mentally. I strive to impress upon my teams that playing unselfish team basketball, which makes happy and more satisfying experience for everyone.

## 2. Skills:

- |                                       |                      |
|---------------------------------------|----------------------|
| ▪ Great knowledge in youth basketball | ▪ Realible           |
| ▪ Character building                  | ▪ Hard Worker        |
| ▪ Training exercises                  | ▪ Perseverent        |
| ▪ Game plays                          | ▪ Leadership         |
| ▪ Player evaluations                  | ▪ Microsoft Software |
| ▪ Behavior standards                  | ▪ Health Care        |
| ▪ Excellent communication             | ▪ CPR Certificated   |

## 3. Experience:

### ABC SLAM BASKETBALL ACADEMY:

- 2023-Present:
  - U14M - head coach (6th place final tournament division A of Romania)
  - U13M - assistant coach (1st place final tournament division A of Romania)
  - MBM - assistant coach (3rd place in region league of Romania)
  - BBM – head coach (2nd place in region league of Romania)

### ABC LAGUNA SHARKS (2 years):

- 2022-2023:
  - LNBM - assistant coach
  - Liga 1M – head coach
  - U18M – head coach (2nd place final tournament division B of Romania)
- 2021-2022:
  - Liga 1M – assistant coach – promoted to First League (LNBM)
  - Liga 1M – head coach interinary (2 months)
  - Team manager

### **Perform Basket Program (2 years)**

- 2019 – 2021:
  - Practice coach for U14 and U13 national teams of Romania
  - Selection coach for U14 and U13 national teams of Romania
  - Top 10 coaches from Romania in the program

### **ACS LUMINA WOLVES SPORTS (5 years)**

- 2020 – 2021 :
  - U16M head coach in National League of Romania
  - U15M head coach in National League of Romania
  - Junior level manager (U13 – U18)
  - Youth basketball groups head coach
- 2019 – 2020 :
  - U14M head coach in National League of Romania
  - U14M head coach in Varna Star Cup Tournament (Bulgary) - silver medal
  - Babybasket head coach in region league of Romania
  - Minibasket head coach in region league of Romania
  - U16M head coach in region league of Romania - bronze medal
  - Youth level manager (babybasket and minibasket)
  - Youth basketball groups head coach
- 2018 – 2019:
  - U13M head coach in national league of Romania
  - Babybasket head coach in region league of Romania
  - U14M asistent coach in national league of Romania – place 5th
  - U14M asistent coach in region league of Romania – bronze medal
  - U18M asistent coach in region league of Romania – gold medal
  - Youth level Asistent manager (babybasket and minibasket)
  - Youth basketball groups head coach
- 2017 – 2018:
  - Minibasket head coach in region league of Romania – place 5th
  - U14M asistent coach in region league – bronze medal
  - Youth basketball groups head coach
- 2016 – 2017:
  - Minibasket first team asistent coach in national league – place 5th
  - Minibasket second team head coach in national league
  - Youth basketball groups head coach
  - Volunteer in „Basketball got talent” - Bucharest

### **BC Slam Academy (2years)**

- 2015 -2016:
  - Youth basketball groups head coach
- 2014 – 2015:
  - Youth basketball groups assistant coach

#### **4. Education and degrees:**

- 2021 Romanian FRB license A - Romanian Basketball Federation
- 2019 Romanian FRB license B - Romanian Basketball Federation
- 2016 Romanian FRB license C - Romanian Basketball Federation
- 2016 Romanian basketball coach license - National Center for Coaching and Training
- 2016 Romanian sports instructor license in physical training - National Center for Coaching and Training
- 2016 Romanian-American University of Bucharest

#### **5. Clinics and Workshops:**

- 2020:
  - Online clinics (because of COVID-19 pandemia):
    - Adrian Resteman – Restart of physical activity in junior level after isolation period
    - Andreas Hniatiuc – Emotion rehabilitation post Covid 19
    - Ciprian Stoica – Relationship between coach and referee
    - Mikes Zoran – Forming a basketball team and criterias for players evaluation
    - Serban Damian – Nutrition on youth players
- 2019:
  - International clinic in Bucharest
  - Regional camps with first division head coaches
- 2018:
  - Basketball international clinic in Belgrade
  - European championship international clinic in Oradea
  - Evolve camp Bucharest
  - Regional camps with first division head coaches

Participated in the organization of national basketball camps for kids and international tournaments for youth teams both in Romania

#### **6. Basketball career:**

##### **Referee (5 years):**

- 2012 – 2017: Romanian national second division 5 on 5
- 2014 – 2017: Romanian national division 3 on 3
- Career point: Final tournament in second division

##### **Player (6 years):**

- 2009 – 2010: U16 - C.N. Aurel Vlaicu – bronze medal in National Championship
- 2008 - 2009: U15- C.N. Aurel Vlaicu – final tournament qualified in National Championship
- 2006 – 2008: BC Royal Fun – semifinal tournament qualified in National Championship
- 2004 – 2006: BC Slam

